

Patient information

Patient aftercare following a CT virtual colonoscopy (CTC)

You may return to eating and drinking as normal, as well as taking your usual medication.

After your procedure it is normal to feel quite 'gassy' and bloated, this is because the air that was used during your scan needs time to leave your bowel and be absorbed by your body.

Some people find that drinking peppermint tea or sucking a mint can help to relieve this feeling.

The need to go to the toilet as frequently should stop as the laxative leaves your body, although this may not be for a day or so. Your bowel habit should return to what is normal for you.

The CT scan will be reviewed by a specialist radiographer or radiologist, who are specialised in reviewing these scans.

The result will then be sent back to the doctor who asked for the scan to be performed.

If you have any concerns do not hesitate to contact a member of staff before you leave the x-ray department or call **01284 713780**.