## Macmillan Information Centre

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|---|--|---|--|
| Open for all enquiries  | Open for all enquiries  | Open for all enquiries                                     | Open for all enquiries  | Open for all enquiries   |
| MyWiSH<br>Mama B's<br>First Monday of every<br>month                                      | Physiotherapy,<br>Dietitian advice,<br>Occupational<br>therapists | MyWiSH<br>Counselling<br>service<br>For cancer<br>patients | MyWiSH<br>Family<br>Counselling<br>service<br>HOPE<br>programme<br>Six consecutive weeks<br>throughout the year | Macmillan<br>benefit advice<br>service<br>MyWiSH<br>Mindful<br>Movements |
| By appointment only   | By appointment only   | By appointment only  | By appointment only   | By appointment only  |
| Available 8.30am – 5.00pm, unless otherwise stated<br>01284 713023 cancer.info@wsh.nhs.uk |   |  |   |  |