

Patient information

Prostate Cancer follow-up information after radiotherapy with 3 years of hormone treatment

Men often ask what follow up to expect once they have had radiotherapy to treat their prostate cancer. This sheet is aimed at giving you a plan of what to expect. Follow up arrangements sometimes need to be changed, for example if you develop symptoms that may be a result of your previous radiotherapy. Most men will, however, follow the programme below.

First visit after radiotherapy

Follow up 6 – 8 Weeks after treatment has finished.

Please have your PSA blood test a few days before your appointment.

Year 1 and 2 after radiotherapy

Follow up 6 monthly, alternate outpatient clinic and telephone clinic. The telephone clinic works just like coming up to hospital but we ring you, on a number of your choice, at a pre-arranged time.

Please have your PSA blood test a few days before your appointment.

Year 3, 4 and 5 after radiotherapy

Follow up 6 monthly in a telephone clinic. Please have your PSA blood test a few days before your telephone appointment.

Your hormone implants will stop 3 years after radiotherapy.

Year 6 after radiotherapy

Annual follow up.

Please have your PSA blood test a few days before your telephone appointment.

If you miss two telephone clinic appointments, or have a rising PSA or develop significant side effects from your treatment that need face-to-face advice you will be transferred back to outpatient clinic appointments.

After 6 years you will be discharged back to your GP for monitoring of an annual PSA check. It is your responsibility to arrange a PSA check with your GP.

If you have any questions please contact:

Oncology Clinical Nurse Specialist
Macmillan Unit, West Suffolk Hospital
Telephone: 01284 713212

If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the disabledgo website link below:

<http://www.disabledgo.com/organisations/west-suffolk-nhs-foundation-trust/main>