

## Patient information

# Prostate Cancer follow-up information after Brachytherapy

Men often ask what follow up to expect once they have had brachytherapy to treat their prostate cancer. This sheet is aimed at giving you a plan of what to expect. Follow up arrangements sometimes need to be changed, for example if you develop symptoms that may be a result of your previous brachytherapy. Most men will, however, follow the programme below.

### **First Visit to West Suffolk Hospital after Brachytherapy**

3 months after last appointment at Addenbrooke's Hospital.

Please have your PSA blood test a few days before your appointment.

### **Year 1 and 2 after Brachytherapy**

6 monthly

Please have your PSA blood test a few days before your appointment.

### **Year 3, 4 and 5 after Radiotherapy**

Annually in a telephone clinic. These work just like coming up to hospital but we ring you, on a number of your choice, at a pre-arranged time.

Please have your PSA blood test a few days before your telephone appointment.

If you miss two telephone clinic appointments, or have a rising PSA or develop significant side effects from your treatment that need face-to-face advice you will be transferred back to outpatient clinic appointments.

***After 5 years you will be discharged back to your GP for monitoring of an annual PSA check. It is your responsibility to arrange a PSA check with your GP.***

**If you have any questions please contact:**

Oncology Clinical Nurse Specialist  
Macmillan Unit, West Suffolk Hospital  
Telephone: 01284 713212

*If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the disabledgo website link below:*  
<http://www.disabledgo.com/organisations/west-suffolk-nhs-foundation-trust/main>

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