

Patient information

Prostate Cancer - follow up information

Short course hormones with radiotherapy

Men often ask what follow up to expect once they have had radiotherapy to treat their prostate cancer. This leaflet is aimed at giving you a plan of what to expect. Follow up arrangements sometimes need to be changed, for example, if you develop symptoms that may be a result of your previous radiotherapy. Most men will, however, follow the programme below:

First visit after Radiotherapy

6 – 8 weeks after treatment has finished.

Please have your PSA blood test a few days before your appointment.

Year 1 and 2 after Radiotherapy

Follow up every 6 months.

Please have your PSA blood test a few days before your appointment.

Year 3, 4 and 5 after Radiotherapy

Follow up annually, in a telephone clinic. These work just like coming up to hospital but we ring you, on a number of your choice, at a pre-arranged time.

Please have your PSA blood test a few days before your telephone appointment.

If you miss two telephone clinic appointments, or have a rising PSA or develop significant side effects from your treatment that need face-to-face advice you will be transferred back to outpatient clinic appointments.

After 5 years you will be discharged back to your GP for monitoring of an annual PSA check. It is your responsibility to arrange a PSA check with your GP.

If you have any questions please contact:

Oncology Clinical Nurse Specialist
Macmillan Unit, West Suffolk Hospital
Telephone: 01284 713212

If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the disabledgo website link below:

<http://www.disabledgo.com/organisations/west-suffolk-nhs-foundation-trust/main>

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