

Patient information

Short Term Hormone Treatment

Your hospital doctor has recommended that you have treatment using hormones for at least three months before your radiotherapy and whilst receiving the radiotherapy.

Please follow the following guidelines:

- Collect your tablets and first injection from the hospital pharmacy.
- Make an appointment at your GP surgery to have the first injection, called *Zoladex or Decapeptyl, for 2 weeks after you have started taking the tablets.
- Take the tablets, for 4 weeks in total, 2 weeks before the first injection continuing for 2 weeks after the first injection, and then stop – this will be Bicalutamide, 1 tablet each day or Cyproterone acetate (CPA) 1 tablet 3 times a day.
- You should also take the Bicalutamide or Cyproterone Acetate tablet on the day of your first injection.
- Arrange to have the Zoladex or Decapeptyl injection at your GP surgery every 4 weeks until the radiotherapy has finished.
- Continue all your other medication unless the hospital doctor or your GP advises otherwise.
- If you are unsure about the tablets or injections either ask your GP for advice or telephone the specialist nurse, Jane Thacker, on 01284 712735 or Oncology CNS on 01284 713212 (or 01284 713000 bleep 874) for guidance.
- Please have a PSA (Prostate Specific Antigen) blood test done at your GP surgery a week before each visit to the hospital urology or oncology clinic.

Week 1	Bicalutamide or CPA
Week 2	Bicalutamide or CPA First Injection
Week 3	Bicalutamide or CPA
Week 4	Bicalutamide or CPA
Week 6	Injection every 4 weeks until end of radiotherapy

*Zoladex is the trade name for Goserelin

If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the disabledgo website link below:

<http://www.disabledgo.com/organisations/west-suffolk-nhs-foundation-trust/main>