

Patient information

Transferring your care to services in the community

Integrated Therapies Department

The services you have been referred to by your therapist are ticked with contact details if you need them.

Community Therapy Team

- Suffolk Community Health Care 0300 123 2425
This is the best out of hours contact for nurses – it is a 24-hour service
- Cambridge Community – East Cambs 0844 931 0045 Option 3
- Norfolk Community Health and Care 01953 609409 Option 1

Home from Hospital

Short term practical support and advice

- Red Cross (Suffolk) Support at Home 01284 712942
- Help at Home (City, South & East Cambs) 01223 714433
- Red Cross (Norfolk) Support at Home 01603 288320

- Age UK Services - home help, befriending 0800 169 6565
- Suffolk Family Carers - advice and support 01473 835400
- Norfolk Carers Support - advice and information 0808 808 9876

Social Services

- Suffolk Social Services 0808 800 4005
Customer First is a 24-hour service

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|--------------------------|---------------------------|------------------------|
| <input type="checkbox"/> | Cambridge Social Services | 0345 045 5202 |
| <input type="checkbox"/> | Norfolk Social Services | 0344 800 8020 Option 1 |
| <input type="checkbox"/> | Essex Social Services | 0345 743 0430 Option 2 |

Other useful contacts:

- Out of hours GP - please call 111

Equipment loans

Delivery and free collection

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|--------------------------|-------------------------------------|-----------------------|
| <input type="checkbox"/> | Suffolk Equipment Stores - Medequip | 01473 351805 Option 1 |
| <input type="checkbox"/> | Cambridge Equipment Stores - NRS | 0845 121 3456 |
| <input type="checkbox"/> | Norfolk Equipment Stores - NRS | 0300 100 0716 |

We value your feedback if there is anything you feel we could have done differently regarding the therapy you received please let us know by email on:

wsh-tr.OccupationalTherapy@nhs.net

If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (the new name for DisabledGo) <https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust>



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