

# Patient information

### Outpatient Parenteral Antimicrobial Therapy (OPAT) Self-administration of Tigecycline IV infusion

This leaflet is designed to support patients, and nursing staff who are teaching patients to self-administer Tigecycline, with the assistance of the OPAT team. Please use this information in conjunction with the '*Patient Self-Administration IV Therapy Competency Tool*'.

Through comprehensive individual demonstration and training assessment, you will be able to:

- Minimise the risk of introducing infection into a vein by keeping everything very clean
- Avoid touching the key parts of syringes, needles and extension sets
- Prevent injecting air into a vein by learning to prime syringes and extension sets carefully

### What is Tigecycline?

Tigecycline is an aminoglycoside antibiotic; it is given intravenously twice a day. Please read the patient information leaflet inside medication box for further information about your medication.

### What you will need

The ward nursing team and the OPAT nurses will ensure that you are happy and safe to administer Tigecycline following the procedure below.

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## Putting you first

Equipment per	1 x tray
dose:	1 x sani-cloth detergent wipes
	2 x pair sterile gloves
	1 x non-sterile gloves
	3 x 10ml syringes
	3 x red needles
	3 x clinell wipes 2%
	2 x red bungs
	1 x giving set
	1 x sharps bin
Patient dose:	
	• 10ml ampoules 0.9% sodium chloride (normal saline) x2
	Tigecycline vial, 10ml sodium chloride and 100ml bag of sodium chloride

### What to do

## <u>Remember</u> to check the dose and the expiry dates of the drug, diluent used to mix the drug and normal saline.

1 Wash your hands and clean the tray with detergent wipes; assemble equipment. Use non-sterile gloves to prepare medication; protect key parts by using a non-touch technique throughout the procedure.

### 2 Prepare medication

- Clean the stopper of the Tigecycline vial with a clinell wipe 2%, allow 30 seconds to dry.
- Draw up **5.3ml** sodium chloride into a 10 ml syringe using a red needle and inject into the vial of Tigecycline, gently swirl until the medication is fully dissolved.
- Check the bag of normal saline is in date, intact and the solution is clear with no particles or discolouration.
- Clean the injection port with a clinell wipe 2%, allow 30 seconds to dry.
- Withdraw **5ml** of the prepared solution from the vial. Lay the bag flat and inject the prepared dose of Tigecycline directly through the centre of the port. Withdraw needles and syringes, discard in sharps bin.

- Turn the bag upside down several times to ensure thorough mixing of the solution. Tigecycline should be a yellow/orange colour once reconstituted; if not it should be discarded.
- Remove giving set from packaging and close the roller clamp. Insert the IV giving set and prime the line until there is no air in the line. Hang the bag on a hook.

### 3 Prepare saline flushes

- Draw up saline into a 10ml syringe using a red needle. Remove the needle from the syringe and dispose of it directly into the sharps bin.
- Tap the syringe to remove any air bubbles to the top and expel. Place a red sterile cap on the syringe. Repeat for the second flush.

### 4 Administering medication

- Wash hands and put on sterile gloves.
- Clean the connector on your PICC line thoroughly with a clinell wipe 2% and allow 30 seconds to dry.
- Flush the PICC line with the 10mls of normal saline using the 'push-pause' pulse technique.
- Connect the IV tubing set securely to your extension set and administer over 30 minutes. When finished, disconnect the line.
- Put on the second pair of sterile gloves. Flush the line again with 10mls of normal saline using the pulse technique.
- Safely dispose of equipment. Needles and glass vials must be discarded in the sharps bin provided. Sharps bins can be returned to your GP practice or hospital for disposal when full.

### 5 Any difficulties?

Please contact the OPAT team should any problems occur, all relevant phone numbers are listed in your care plan.

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