

Patient information

Micro-Laryngoscopy

Martin Corke Day Surgery Unit

Micro-Laryngoscopy

What is it and why is it carried out?

Your Ear, Nose and Throat (ENT) Surgeon has recommended that you have a laryngoscopy, which is an examination of the voice box by using a small telescope.

The voice box is situated in your neck with your 'Adam's apple' at the top of the windpipe. It is here that the sounds we use for speech are generated.

Your surgeon may have looked at your voice box in the outpatient's department. However, it may be necessary to obtain a better view by asking you to be asleep under general anaesthetic.

At the same time small samples of tissue may be taken. These will be sent to the pathology department for examination and the results will be given to you at a later date.

Following your surgery

Post-operative discharge advice

- You can eat and drink as normal.
- It is advised that you do not smoke in the first 2 days.
- You may be asked to rest your voice for at least 3 days or as advised by your surgeon. Try not to speak, but if you have to, speak in a normal voice and **not** in a whisper.
- You may experience some mild pain. This can be relieved by taking painkillers. If on discharge you are given 3 - 5 days' supply of painkillers these may be taken as prescribed; otherwise, paracetamol or similar pain-relieving medication is appropriate.
- Usually, you can return to work after one week although you may be asked to wait two weeks. Please ask your surgeon.

Special instructions.....
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Outpatient appointment.....
This will be sent to you.

Contact your GP/GP out-of-hours service.

- If you experience severe pain.

If you require any further advice, please contact the Martin Corke Day Surgery Unit on 01284 713050 between 7.45am and 8.00pm, Monday to Friday. Outside of these hours contact the ENT ward on 01284 713290 and speak to the nurse in charge. Please have your hospital number on the discharge letter available. Alternatively. You can contact NHS 111.

If you would like any information regarding access to the West Suffolk Hospital and its facilities, please visit the website for AccessAble (formerly DisabledGo) <https://www.accessable.co.uk>

