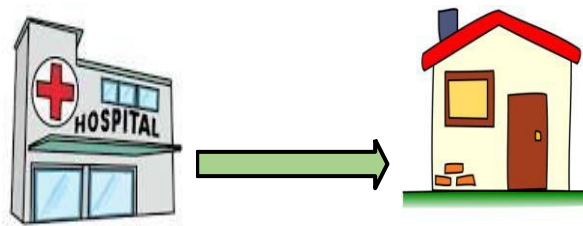


Patient information

Community Assessment Bed

I have been told I am ready to leave hospital to go to a community assessment bed...what does this mean?



Information about ongoing care in an assessment bed

What happens now?

Your health care team has decided that you are ready to leave hospital. This is good news and means that you no longer require care or treatment in an acute hospital bed.

Acute hospitals are for those needing urgent medical care only. However, some patients require further assessment or reablement that cannot currently be supported in your own home by community services.

You are now ready to continue your journey. Your health care team have referred you to our specialist community assessment beds. This will be at another care setting outside of the acute hospital.

Where could I go?

Located in the West Suffolk area, our specialist community assessment beds all have a health and social care team that can support your current needs. Where you are transferred will be dependent on a variety of factors, such as bed availability and your own individual needs.

As this is a specialist service that has limited beds it is not possible for you to choose which location you are transferred to.

You will not be able to remain in hospital if you choose not to accept the assessment bed that is being offered to you.

You and your health care team would need to look at a different timely discharge plan for you.

Our three community assessment beds are located at:

King Suite, Glastonbury Court

Glastonbury Road, Bury St Edmunds, Suffolk IP33 2EX

Telephone: 01284 713752

Please note - there are five car parking spaces allocated to King Suite which are located on the top left of the car park. Please find alternative parking if these are in use.

Newmarket Community Hospital

56 Exning Road, Newmarket CB8 7JG

Telephone: 01638 558400

Hazell Court

Acton Lane, Sudbury CO10 1QN

Telephone: 01787 883022

What happens during your stay with us?

As the purpose of your stay in the assessment bed is to prepare you for returning home, we will encourage you to do as much for yourself as possible. Your length of stay will depend on your progress and personal circumstances. It is likely to range between a few days and up to two weeks.

In order that you can begin to return to a normal daily routine, we will ask your family, carers or friends to provide you with sets of clothing and your toiletries, including continence pads if required.

We **do not** have access to laundry facilities therefore your family, carers or friends will need to support with personal laundry.

Storage is limited, please keep possessions to a minimum. We are unable to accept responsibility for your personal property.

What is reablement?

Staff will work with you to set, and review agreed goals in order to reach a level of ability where you can be safely discharged, with support if needed.

We use a reablement approach to provide assessments and interventions aiming to help you recover daily living skills and maximise independence. This means all staff will support you to do the things that are meaningful to you where possible.

The amount of therapy you receive will be tailored to your individual needs and ability. Your therapy may not be daily, but your health care team will continue to

support your reablement goals throughout your stay. Onward referrals will be made to relevant community services, if required on discharge.

What happens if I become unwell whilst in an assessment bed?

Should you become unwell, you will be cared for by the local GP practice who will decide upon the best course of treatment. This may include you returning to the acute hospital for further treatment if deemed necessary. There will be a weekly review of your progress by the health and social care team.

Information sharing

We all have a legal duty to keep information about you confidential and you have the right to say 'no' if you do not want information about you given to others.

To ensure you receive the right care at the right time sharing your information reduces your need to repeat information. We can only share your information with your consent. Even with your consent we would only share what is necessary for your needs to be met.

If you would like any information regarding access to the West Suffolk Hospital and its facilities, please visit the disabled go website link below:

<http://www.disabledgo.com/organisations/west-suffolk-nhs-foundation-trust/main>

If you would like any information regarding access to the West Suffolk Hospital and its facilities, please visit the website for AccessAble (formerly DisabledGo)

<https://www.accessable.co.uk>



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