

Patient information

Cardiac monitoring: 7-day or 28-day monitoring

How to find us

The cardiology department is located on the lower ground floor in the Cardiac Centre.

Opening hours

Monday 8:30 am to 5:00pm

Tuesday 8:30 am to 5:00pm

Wednesday 8:30 am to 5:00pm

Thursday 8:30 am to 5:00pm

Friday 8:30 am to 4:30pm

What to expect



The monitors record the electrical signals of your heart continuously over a 7 or 28 day period.

On the first appointment the monitor is fitted and this takes about 20 to 30 minutes. One sticky electrode is attached to the centre of your chest and another to the left side of your chest. The electrodes are connected to the monitor in order to record the electrical signals your heart.

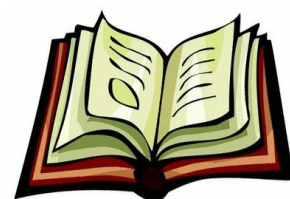
It is important to carry out your regular daily activities whilst wearing the monitor.

You will be asked to keep a diary to record any symptoms you experience whilst wearing the monitor and identify the activity you were doing at this time and for how long. You will be able to take off the monitor to have a bath or shower, however you will need to wear the monitor overnight and advice will be given about this at the time of fitting.

After either 7 or 28 days the monitor is removed and the data is analysed. This analysis evaluates heart rate and rhythm during the recording period.

What happens after your test?

All results and relevant information will be forwarded to the referring doctor, who will contact you in reference to these results.



If you have not heard anything within **2-3 weeks** of your test, then please contact your GP or referring doctor.

Contact us

There are many ways that you can contact us:

By post: Diagnostic Cardiology, West Suffolk Hospital,
Hardwick Lane, Bury St. Edmunds, Suffolk, IP33
2QZ

By phone: Main hospital: 01284 713000
Cardiology Department: 01284 712536

By email: cardiologydiagnosticsdept@wsh.nhs.uk.



If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (formerly DisabledGo)

<https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust>

