

## Patient information

# **Nicorandil**

The information in this leaflet is intended for general guidance. If your doctor has given you different advice, follow their instructions.

Your GP may give you the same tablets known by a different name — the brand name. You should always check with your GP or pharmacist if you are unsure.

Nicorandil is sometimes known as Ikorel, which is its trade name.

### What is Nicorandil used for?

Nicorandil is used primarily for the treatment of angina in combination with other anti-anginal medications.

#### How does it work?

Nicorandil works by relaxing the muscles within the walls of the coronary arteries. This allows greater blood flow and hence oxygen delivery to the heart muscle reducing the likelihood of experiencing angina pain.

#### Possible side effects

- Headache (usual within the first few days of treatment)
- Dizziness as a result of low blood pressure
- Flushing

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Nausea and vomiting

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If you experience any of the above side effects or if you have any concerns, please consult your doctor.

#### What if I miss a dose?

Try to take your nicorandil tablet the same time each day. Incorporate the administration of your medication into your routine. If you miss your dose, do not take the tablet but wait until the next time your medication is due. Never take a 'double dose'.

Please ensure the tablets are only taken from one strip at a time as each strip contains a desiccant or drying agent.

If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (the new name for DisabledGo) <a href="https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust">https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust</a>



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